

# GUIDELINES FOR ESTABLISHING CLEAR BOUNDARIES

1. BE MODERATE
2. BE SPECIFIC
3. BE POSITIVE – VIRTUES-BASED
4. HAVE SPECIFIC, RELEVANT CONSEQUENCES
5. MAKE CONSEQUENCES EDUCATIVE
6. BE CONSISTENT
7. COMMUNICATE RULES CLEARLY
8. BE SURE CONSEQUENCES ARE UNDERSTOOD
9. MAKE BOTTOM LINE RULES NON-NEGOTIABLE
10. MAKE EXPECTATIONS CLEAR

