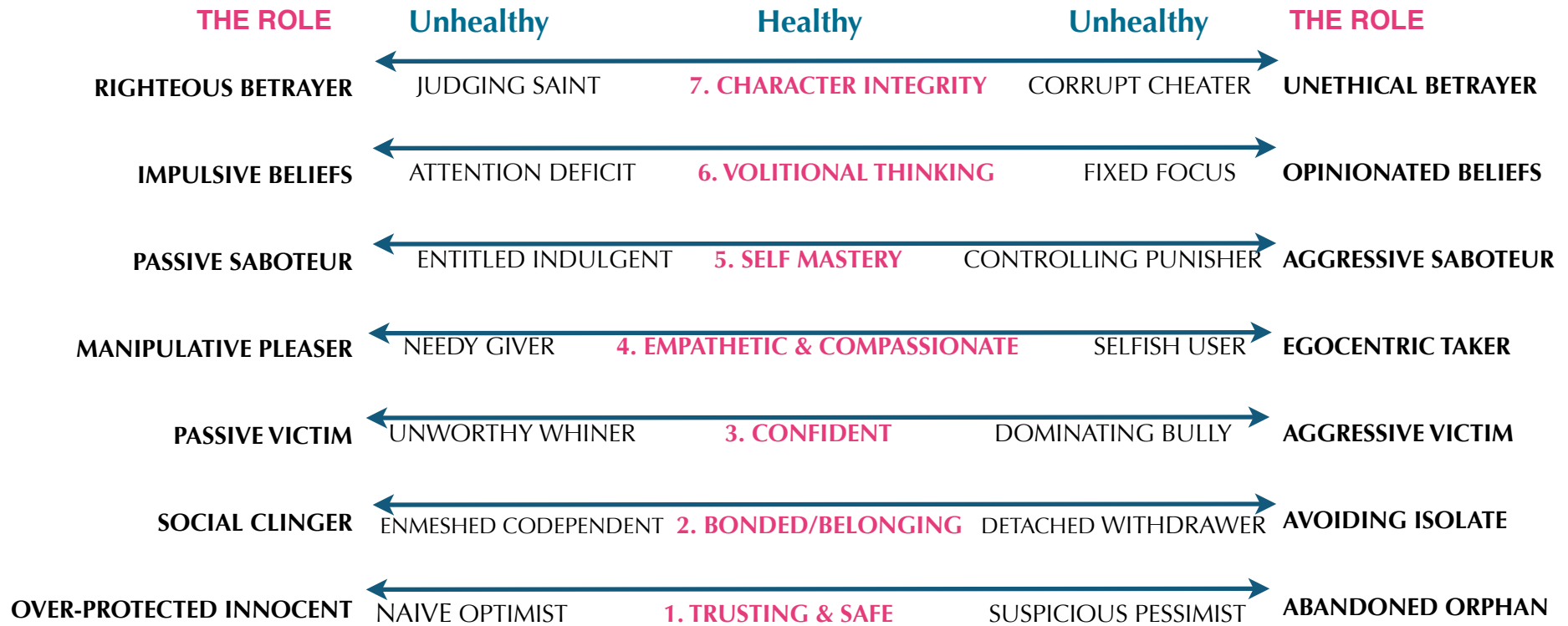


# SEVEN LIFETIME DILEMMAS

(Finding Happiness and Success via Lessons and Wisdom in Basic Needs)



**Our Purpose is to Grow Ourselves.**

**These are the classic lessons; which ones are your top two?**

These scales reflect the universal human abilities and the developmental tasks which start in childhood. This is a simple manner in which we can observe the type and genesis of our ineffective coping mechanisms and habitual challenges. And, my hope is that the direction we can take for happiness and growth can become quite clear. Usually, each of us has one pretty substantial Lifetime Dilemma. Here's a list of major puzzles in the form of sliding 'scales.' We move back and forth along those lines in response to the stressors of life and relationships.

Where are you on the lines today? Place a mark on each line for today and a mark for your goals.